



Heart to Hearts, Inc.

*A Women's Wellness Organization
Empowering Women Through Education*

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Dear Friend,

As you know, Heart to Hearts is a non-profit organization dedicated to improving the health and well being of women and their families through education and the promotion of healthy lifestyles. We rely on the support of our members and volunteers to carry out our mission.

As an official member you will receive newsletters and special mailings, the Circle of Health brochure and member discounts on special programs or trips. A major benefit of membership is the right to vote at the annual meeting for officers and provide input on topics of interest to you and that affect the organization..

The annual dues for Heart to Hearts are \$40 for an individual membership, \$25 for seniors or \$60 for joint. They are tax-deductible for you and help our organization continue delivering our message of health education.

Heart to Hearts is continuing to grow and is entering an exciting new phase of opportunities to reach more and more women and their families with our message of healthy lifestyles based on nutrition, fitness and stress management. With your support we can achieve even greater goals and make a difference in the lives of those who need us most.

Please complete the attached form indicating the type of membership along with your check made payable to Heart to Hearts, Inc to the address on the form.

Thank you in advance for your support.

Sue Methot
Vice President / Membership Committee

*Visit us on the Web at www.hearttohearts.org
Terry Tucker, R.N., Founder & President*